

HEALTH & MEDICINE

FLU/HEALTHY PEOPLE

OCTOBER 3, 2000 2:00PM (TRT 0:40)

KCAL 9 anchor Jane Velez-Mitchell reported that the flu season is here and many people are getting that flu shot. But if you're already healthy, some say you should avoid getting the shot. Part of the reason there is a shortage of the vaccine this year; you don't really need the shot. But not everyone agrees. Some say that healthy people, who can withstand the flu season, may pass the bug to others, who are at a high risk.

DRINKING WATER

OCTOBER 5, 2000 9:00PM (TRT 2:05)

KCAL 9 anchor Jerry Dunphy reports that tests have found a suspected cancer-causing chemical in Southland drinking water. At more than 40 times the suggested level. Its called Chromium Six. And some people think it may be making them sick.

AHA GUIDELINES

OCTOBER 5, 2000 12:00PM (TRT 1:53)

KCAL 9 anchor Jane Velez-Mitchell reports, by now you should know those Health experts want you to cut down on Fats and eat a lot more heart healthy fruits and vegetables, every day. Now, the American Heart Association is also urging people to switch to fish, at least twice a week.

ACUTANE PKG

OCTOBER 6, 2000 12:00PM (TRT 0:25)

KCAL 9 anchor David Gonzales reports that BJ Stupak was only 17 when he committed suicide. His father a Michigan Congressman believes his son's depression was caused by the acne medication Accutane. Accutane manufacturer Hoffman Laroche notified doctors in 1998 to be on the lookout for depression anade-labelled the drug. But Stupak says the warning his son read just talked of changes of mood. The drug could cause " Depression and rarely suicidal thoughts, Suicide attempts and Suicide." Some older boxes don't contain the new warning. The congressman believes the FDA should require patients to sign forms showing they were informed of the dangers, and that the FDA should have been fooling patients taking the drug more closely.

NEW BIRTH CONTROL

OCTOBER 6, 2000 12:00PM (TRT 0:20)

KCAL 9 anchor Dave Gonzales reports that the Food and Drug Administration has approved a drug called "Lunelle." The drug is an injectable contraceptive that lasts a month. Lunelle works through a combination of the hormones Progestin and Estrogen. Lunelle is said to be 99% effective. The shot will cost about \$30 and will be available by the end of the year.

LIVER DIALYSIS

OCTOBER 9, 2000 12:00PM (TRT 0:35)

Kcal 9 anchor David Gonzales reports that the Mayo Clinic is studying Liver Dialysis as a way to keep people alive, as they wait for a new liver. Researchers say short of a transplant there are no treatment options for people with chronic liver disease. Nationally there are about 16 thousand people waiting for a Liver Transplant. Last year just under 47 Hundred Livers became available.

MOOD HEART

OCTOBER 9, 2000 8:00PM (TRT 0:42)

KCAL 9 anchor Kerry Kilbride reports that a study published by the American Heart Association suggests the symptoms of depression may lead to Heart Disease. Doctors followed almost 45 Hundred patients with no prior risk of Heart Disease. They found that those who developed depression symptoms, were 40% more likely to developed cardiovascular problems. Doctors say depression may increase the production of free radicals and fatty acids, which can damage the lining of Blood Vessels, putting the patient at a higher risk for sudden death.

PILL/BREAST CANCER

OCTOBER 11, 2000 (TRT 0:20)

KCAL 9 anchor Jane Velez-Mitchell reports that for millions of women, the birth control pill is the contraceptive of choice. But, for those close relatives of women with Breast Cancer, taking birth control pills may place them at increased risk. It was reported in the Journal of the American Medical Association, Dr. Thomas Sellers and a research team from the Mayo clinic believe the Breast Cancer risk was higher for women taking the earlier versions of control pills. At least partly because these contained higher hormone doses compared to todays pills.

LASIK SURGERY

OCTOBER 24, 2000 (TRT 0:45)

KCAL 9 Health Reporter Dilva Henry reports that this year, up to 1.7 million Americans will undergo Lasik Surgery to improve their vision. Using a laser Doctors reshape the Cornea. Images then entering the eye striking the Retina

more precisely. Nationally, more than 9 in 10 people who undergo the operation have an outcome of 20-40 vision or better. But as with any surgery, there are possible risks and complications.

AIDS STUDY

OCTOBER 25, 2000 (TRT 0:10)

Kcal 9 Health Reporter Dilva Henry reports that there is some promising news about Aids treatment coming from researchers at UCLA. Adding an experimental drug to anti-viral treatment helps rebuild the Immune System faster in those with advanced HIV infection. They also found that the drug combination helped patients avoid aids-related illnesses and disease such as Kaposi's Sarcoma and Pneumonia. The experimental drug is Interleukin-two, a naturally occurring human protein.

BREAST CANCER

OCTOBER 26, 2000 12:00PM (TRT 0:20)

KCAL 9 anchor reports, low-income women with Breast Cancer are now guaranteed treatment. President Clinton signed the " Breast and Cervical Cancer Treatment " act into law. The bill provides treatment for uninsured women who are diagnosed with Breast and Cervical Cancer.

SMOKE SURVEY

OCTOBER 26, 2000 12:00PM (TRT 0:25)

KCAL 9 anchor reports that's officials say that 92% of all restaurants and bars in LA County are complying with the law. That's up from 79%. The most dramatic increase was among bars that are not attached to restaurants. They show a 46% increase in compliance over the past three years.

HEART ATTACK

OCTOBER 27, 2000 12:00PM (TRT 0:10)

KCAL 9 Health Reporter Dilva Henry reports on Heart Attacks. Did you know your chance of surviving a Heart Attack outside a Hospital is slim, only 10%. Now congress wants to help, by requiring more heart defibrillators in public places. The Bill is being considered today.

COLON CANCER SCREENING

OCTOBER 30, 2000 2:00PM (TRT 0:33)

KCAL 9 Health Reporter Dilva Henry reports a major break through in Colon Cancer Detection. Doctors at the Mayo Clinic say a simple new test could save thousands of lives and dramatically change Colon Cancer Screening

Techniques. This new DNA test can be taken right at home and could detect early signs of Colon Cancer. So far, it's proven 91% accurate.

STRESS AND FAT

OCTOBER 30, 2000 2:00PM (TRT 0:30)

KCAL 9 Health Reporter Dilva Henry reports researchers have often said that there's a connection between stress and illness. Now, new studies show that stress can also make us fat. Doctors say that when you're exposed to a stressful situation the brain sends out a stress hormone triggering a chain reaction causing certain cells to retain more fat. To control your stress and break the fat cycle, doctors suggest plenty of exercise. You should also watch what you eat, eat lean protein and eliminate starches. Also, you can control your stress level by understanding it.

PILL/CANCER RISK

NOVEMBER 3, 2000 12:00PM (TRT 0:40)

KCAL 9 anchor David Gonzales reports that Doctors are warning women not to forget mammograms, especially if they took birth control pills before 1975. A new study indicates these women might be at increased risk for Breast Cancer if there is a family history of the disease. Birth Control Pill doses have been much lower since 1975. There is no indication of an increased risk of Breast Cancer among women taking oral contraceptives after 1975.

FLU VACCINE

NOVEMBER 15, 2000 12:00PM (TRT 0:10)

KCAL 9 Health Reporter Dilva Henry reports that tens of thousands of Flu Vaccine doses are arriving in Orange County and should be ready for distribution this weekend. A vaccine shortage prompted several facilities to close their Flu Clinics this year. Those clinics that did open, opened about a month later than usual because of the shortage. But for some, the wait may soon be over.

OSTEOPOROSIS

NOVEMBER 16, 2000 12:00PM (TRT 0:10)

KCAL 9 Health Reporter Dilva Henry reports that researchers are taking the first steps to cripple a crippling disease. For the first time ever scientists have identified "How" bone destroying cells, linked to Osteoporosis, function in our bodies. They say the cells attach to bones and release Acidifying elements, which cause deterioration. Researchers want to find a way to interrupt those cells and establish new drug therapies. They believe those therapies could also potentially work for Arthritis and Bone Cancer treatments.

AUSTRALIA HEART

NOVEMBER 22, 2000 12:00PM (TRT 0:20)

KCAL 9 anchor David Gonzales reports that a new medical procedure may dramatically the need for Heart Transplants. Two weeks ago, Doctors in Melbourne, Australia wrapped a mans heart in Dacron Support Mesh, to keep it from expanding. It saved his life. The procedure will be tried on 15 more patients. And an Australian artificial heart has passed an extreme shock test. Noe instead of being used temporarily, to keep patients alive for a transplant. Human trials are expected to begin next year.

BRAIN LISTENING

NOVEMBER 28, 2000 2:00PM (TRT 0:30)

KCAL 9 Health Reporter Dilva Henry reports that researchers at the Indiana University School of Medicine put people inside an M-R-I scanner while they listened to a novel. Blood flow Brain Images showed that men had increased flow only in the left lobe associated with language. In women, both lobes showed activity. Researchers say it could indicate women listen better than men do, or that listening is more difficult than men. So they need to use more brain space while listening.

BIOTECH FOOD

NOVEMBER 28, 2000 2:00PM (TRT 0:27)

KCAL 9 Health Reporter Dilva Henry reports on " Starlink " which is a type of " Bioengineered Corn " and it made it to some dinner tables even though it wasn't supposed to. This is starlink corn, it's designed to resist pests, but in can cause Allergies. The corn was never approved for human consumption. But somehow it leaked into the food supply. The creator of the corn is now trying to convince the E-P-A it's safe for people. The E-P-A recalled much of the product. Now they're meeting to decide what to do about the corn that remains on the market. The agency is expected to make a final decision by the end of next month.

STERIODS

NOVEMBER 28, 2000 2:00PM (TRT 0:25)

KCAL 9 Health Reporter Dilva Henry reports that the Dietary Supplement known as " Andro " may increase an athlete's risk of testing positive for steroid use. That, according to researchers at UCLA. " Andro " gained national attention during Mark McGwire's record breaking homerun season a few years ago. Some athletes claim it increases muscle size and strength. But researchers now say the supplement can contain a contaminant that produces a by product linked the Anabolic Steroid " Nandrolone." The Olympic games bans both Nandrolone and Andro, as do many professional sports organizations. Pharmacologists aren't

sure who or whats to blame, since, at this point they've only tested one batch of Andro.

WATER TEST

NOVEMBER 29, 2000 12:00PM (TRT 0:31)

KCAL 9 Health Reporter Dilva Henry reports a controversial experiment is underway to test our drinking water. Volunteers are swallowing a pill that is filled with hazardous chemicals and there're being paid a thousand dollars to do it. The Toxin is the same that's in Rocket Fuel, Perchlorate. That's a pollutant frequently found in drinking water. And that's why doctors at Loma Linda University Medical Center agreed to take part in the study. The Toxin has been around for years, and is used to treat Hyper-Thyroidism. The study began in August and so far includes nine people, although researchers expect more than one hundred volunteers to eventually join the experiment. Doctors say there's been no change in the participants. Lockheed Martin, which faces hundreds of lawsuits for creating Perchlorate Pollution, is paying for the project.

LOTROXEX

NOVEMBER 29, 2000 2:00PM (TRT 1:54)

KCAL 9 Health Reporter Dilva Henry reports that the Food and Drug Administration is recalling the drug, Lotronex. The only prescription medication for Irritable Bowel Syndrome. It's estimated that up to 15% of the population suffers from these, women, more than men. The symptoms include Diarrhea, Spasms and abdominal pain. The FDA is ordering Lotronex pulled from shelves because of the sometimes severe and sometimes deadly side effects. Reports indicate there are 8 deaths linked to those side effects, and a number of other problems. In some cases, patients on Lotronex have had to have parts of their intestines surgically removed because of severe constipation.

AUTISM CHROMOSOME

NOVEMBER 30, 2000 12:00PM (TRT 00:30)

KCAL 9 Health Reporter Dilva Henry reported that researchers discovered about 1000 building blocks of DNA were missing from a 7 year-old autism patient. This information could help to find genetic links that may eventually result in a treatment. Autism usually appears in early childhood and affects as many as one in 500 Americans.

JET LAG DRUG

NOVEMBER 30, 2000 9:00PM (TRT 00:33)

KCAL 9 anchor Jerry Dunphy reported a new study suggests a natural enzyme pill can trigger energy production. To test it, 35 people were exposed to an exhausting cross-country flight, then a bus ride. All were given the enzyme or a

placebo and those with the enzyme had reaction times more than half a second better than the others.

BASIL

DECEMBER 11, 2000 2:00PM (TRT 00:25)

KCAL 9 Health Reporter Dilva Henry reported that the next time you get a headache, reach for your kitchen cabinet. It seems the basil herb not only intensifies the flavor of the food, but it provides a pain-fighting nutrient as well. A compound found in its stems and leaves may provide an anti-inflammatory effect that could be as effective as aspirin or ibuprofen.

TEA/HEART

DECEMBER 11, 2000 2:00PM (TRT 00:30)

KCAL 9 Health Reporter Dilva Henry reported a new study funded by the industry shows drinking tea could help the arteries of people suffering from heart disease. Other studies show people who regularly drink tea seem to lower their risks of heart attacks.

WOMEN/CALCIUM

DECEMBER 12, 2000 12:00PM (TRT 00:31)

KCAL 9 Health Reporter Dilva Henry reported that 8 out of 10 women still are not getting enough calcium. Calcium is most efficiently absorbed when broken into several doses throughout the day. Doctors say if you don't get a calcium-rich breakfast, chances are you will not catch up.

SHOPPING PILL

DECEMBER 12, 2000 12:00PM (TRT 00:20)

KCAL 9 Health Reporter Dilva Henry reported that a new study shows an antidepressant on the market can help curb a buying binge. The drug is called Celexa and researchers say 80 percent of patients taking the drug have shown marked improvement.

MIGRAINE HEADACHES

DECEMBER 13, 2000 12:00PM (TRT 00:20)

KCAL 9 anchor Dave Gonzales reported migraines are characterized by severe pain on one or both sides of the head. Sometimes there is nausea or vomiting, sensitivity to light or sound, numbness or speech difficulties. Doctors say patients can benefit from relaxation techniques and by changing their diets or sleep habits.

SOYBEAN PROTECTION

DECEMBER 14, 2000 12:00PM (TRT 00:28)

KCAL 9 anchor Doug Hernandez reported researchers at UC Irvine say the chemical Bowman-Birk Inhibitor can shrink abnormal growths that lead to oral cancer. In a clinical trial, it reduced the size of pre-cancerous growths in the mouth in about 1/3 of participants.

BREAST CANCER DRUG

DECEMBER 14, 2000 12:00PM (TRT 00:41)

KCAL 9 Health Reporter Dilva Henry reported and advisory committee to the FDA is recommending that the drug Femara be approved. The drug is a first line hormonal treatment for advance breast cancer. Its manufacturer claims Femera is more effective than Tamoxifen, the drug most often prescribed by doctors.

AIRBORNE PARTICLES

DECEMBER 14, 2000 2:00PM (TRT 00:25)

KCAL 9 Health Reporter Dilva Henry reported airborne dust and soot contribute to between 20 and 200 early deaths every year. The particles are spread across 20 of the nation's largest cities and California's air is some of the worst. Scientists believe the particles lodge deep into the lungs causing respiratory illnesses and early heart attacks.

TURKEY RECALL

DECEMBER 15, 2000 12:00PM (TRT 00:25)

KCAL 9 Health Reporter Dilva Henry reported several cases of food poisoning have prompted a huge turkey recall. Cargil Turkey Products is voluntarily recalling more than 20 brands of ready-to-eat and frozen turkey products after 25 people came down with listeriosis, a type of food contamination.

CELL PHONES/CANCER

DECEMBER 19, 2000 9:00PM (TRT 00:38)

KCAL 9 Health Reporter Dilva Henry reported a new study shows pregnant women who drink coffee or caffeine drinks have a higher risk of miscarriage. Researchers studied 500-women in the early stages of pregnancy. They found drinking one to three cups of coffee increased the risk of miscarriage by 30 percent.

PROSTATE CANCER

DECEMBER 21, 2000 12:00PM (TRT 00:40)

KCAL 9 anchor Dave Gonzales reported a new type of surgery may help in the post-operative stage of recovery. Removal of the prostate gland provides the best chance of a cure. The new Laparoscopic procedure reduces recovery time from 6 weeks to 2. It also decreases blood loss and other post-surgical problems.

ALZHEIMERS VACCINE

DECEMBER 21, 2000 2:00PM (TRT 00:30)

KCAL 9 anchor Dave Gonzales reported there's a good possibility a vaccine may be available within the next decade to fight Alzheimer's. Doctor's have found a way to attack the damaging proteins that build up in the brains of laboratory mice. Those mice had been genetically altered to suffer from a disease similar to Alzheimer.

ANTIBIOTIC MISUSE

DECEMBER 21, 2000 12:00PM (TRT 00:25)

KCAL 9 anchor Dave Gonzales reported many of the common symptoms of colds like sore throats and stuffy noses are caused by viruses, not by bacterial infections. Doctors say antibiotics don't work against viruses. Taking them before you actually get a real infection can lessen their ability to treat diseases like pneumonia and meningitis.

PAIN TREATMENT

DECEMBER 26, 2000 12:00PM (TRT 00:25)

KCAL 9 anchor Dave Gonzales reported hospitals, nursing homes and outpatient clinics will soon need to measure every patient's pain regularly from the time they check in, or the facilities risk losing their accreditation.

SAMONELLA/KIDS

DECEMBER 27, 2000 12:00PM (TRT 00:22)

KCAL 9 anchor Leyna Nguyen reported researchers have seen 13 cases of a strain of salmonella resistant to a popular children's antibiotic. Researchers say their findings underscore the need to reduce overusing antibiotics in livestock and humans. An estimated 1.5- million salmonella infections are reported each year.

PRESCRIPTION DRUG PLANS

DECEMBER 27, 2000 2:00PM (TRT 1:29)

KCAL 9 anchor Dave Gonzales reported cheaper drugs won't be legally imported into the United States from other countries anytime soon. President Clinton signed a law allowing the imports, but other's in his own cabinet are refusing, calling idea unsafe.

SICK KIDS/COLD MED

DECEMBER 28, 2000 12:00PM (TRT 00:30)

KCAL 9 Health Reporter Dilva Henry reported doctors warn parents who combine over-the-counter cold and flu remedies that they could do their children more harm than good. Both medications contain fever reducers and over-medication can damage the kidney and liver.

MINORITIES

IMMIGRANTS LICENSES

OCTOBER 2, 2000 8:00PM (TRT:25)

KCAL9 Anchor Pat Harvey reported that an angry immigrants rights group demonstrated at the state capitol over the vetoed bill that would have allowed immigrants applying for legal residency to get driver's license. Supporters say the bill would allow immigrants to drive to work to feed their families. The governor calls the measure an invitation for fraud.

MEXICO HURRICANE

OCTOBER 2, 2000 8:00PM (TRT:26)

KCAL9 Weather anchor Marti Skold reported that hurricane Keith is running out of steam but not before dumping buckets of rain on Central America. Families here may find their relatives in Belize have had to evacuate their homes because of massive flooding. Power and phone service has been knocked out.

YOM KIPPUR

OCTOBER 7, 2000 9:00PM (TRT:15)

KCAL9 Anchor Dilva Henry reported that thousands of Southland Jews would be in temples tomorrow night at sundown to observe Yom Kippur, the Day of Atonement. It's the holiest day in the Jewish faith as they seek God's forgiveness for their sins from the past.

FISH MERCURY

OCTOBER 11, 2000 2:00PM (TRT:1:45)

KCAL9 reporter Craig Gropper reported that a warning was issued today directed at the Asian community that has a lot of fish in its diet. The warning was against mercury tainted fish.

ASIAN KIDNAPPING

OCTOBER 11, 2000 8:00PM (TRT:25)

KCAL9 Anchor Pat Harvey reported that a Koreatown man pleaded not guilty to the kidnapping of a 5-year-old boy. The target was a wealthy Asian family. Investigators say Jong Mok Choe snatched the little boy from a Wilshire-area preschool. They say the 30-year-old Choe molested the boy and demanded ransom from the child's parents.

LOCAL REACTION

OCTOBER 12, 2000 9:00PM (TRT:1:17)

KCAL9 Reporter Jay Jackson reported that Jewish leaders here in the Southland are showing their solidarity with Israel at a peace rally in West Hills.

IMMIGRANT HEALTHCARE

OCTOBER 25, 2000 2:00PM (TRT:1:26)

KCAL9 Health and medicine reporter Dilva Henry reported that four healthcare providers are joining forces with Mexico to help Mexican immigrant families who need health insurance.

FBI/ASIAN CRIME

OCTOBER 27, 2000 9:00PM (TRT:35)

KCAL9 Anchor Jerry Dunphy reported that nine people are in custody after the FBI made arrests in L.A. following a 2-year undercover investigation called "operation lucky money". Investigators say the crime ring was made up of 14 people and led to a 38-count indictment. The group allegedly committed crimes such as robbing prostitutes, white slave trading, money laundering, and manufacturing counterfeit credit cards.

CONDOLEEZA RICE

OCTOBER 27, 2000 9:00PM (TRT:23)

KCAL9 Anchor Jerry Dunphy reported that as Election Day draws closer G_O_P candidates say the roles of women and minorities are issues they've never ignored despite criticism in past elections. Condoleeza Rice, George W. Bush's senior foreign advisor, talked about the role of minorities and women in the Bush administration. Rice took part in a roundtable discussion with local community leaders. She insisted voters remember that diversity, growth and prosperity in the country come from the people not government.

MEXICO LAND DISPUTE

OCTOBER 30, 2000 8:00PM (TRT:45)

KCAL9 Anchor Jane Velez-Mitchell reported that foreign residents in Baja, California are in shock after they were given eviction notices. Federal officers went door to door telling many Americans at seaside homes they had to leave. This all stems from a land dispute dating back more than 30 years. Last week, Mexico's highest court ruled there was a mistake decades and a company in Mexico was wrongly stripped of land. Now, some residents say they don't have anywhere to go. The court ordered 45 acres of land to be returned to the company in 2 weeks.

DAY OF THE DEAD

NOVEMBER 2, 2000 2:00PM (TRT:28)

KCAL9 Anchor Jane Velez-Mitchell reported that Olvera Street and El Pueblo Historical Monument are celebrating the "Day of the Dead". Many of the activities honoring this 4000-year-old Mexican tradition are geared toward children. Decorated altars were displayed and El Pueblo Gallery featured a Dia de los Muertos themed exhibit.

POLICE BRUTALITY

NOVEMBER 3, 2000 2:00PM (TRT:40)

KCAL9 Anchor Jane Velez-Mitchell reported the national commission on civil rights claims there is an epidemic of police brutality in this country. The commission released a report that came down hard on the law enforcement community. It alleges more police officers than ever are going too far, especially against minorities. The commission recommended independent investigations of officers when crimes occur and making it easier for victims of brutality to sue police departments.

IMMIGRANT VOTERS

NOVEMBER 6, 2000 8:00PM (TRT:22)

KCAL9 Anchor Pat Harvey reported that Latino voters could play a key role in the election. A coalition of labor, Latino and community groups held a "get out the vote" rally in Bellflower. Their hope is to mobilize immigrant voters to turn out at the polls in record numbers. Latinos make-up about 30 percent of the state's population.

MEX PRES FOX

NOVEMBER 9, 2000 8:00PM (TRT:1:45)

KCAL9 reporter Jaime Garza reports that Mexican President-elect Vicente Fox is in the Southland attending a special awards dinner. Governor Gray Davis was on hand to welcome the president-elect to California. Fox is the keynote speaker at the Mexican American Legal Defense and Education Fund's 26th annual fundraising gala. Awards are presented to people who have helped advance civil rights in the Latino community. Fox takes office in December.

TV DIVERSITY

NOVEMBER 14, 2000 2:00PM (TRT:35)

KCAL9 Anchor Dave Gonzales reported that last year the four major networks agreed to improve the ethnic diversity on their programming. The idea was to increase minority representation before and behind the camera. Today a multi-ethnic coalition revealed how well the networks are doing. They say there has been some improvement, but more needs to be done, especially for Asian Pacific Americans.

GRANDSON EMIGRATE

NOVEMBER 15, 2000 2:00pm (TRT:1:06)

KCAL9 Anchor David Gonzales reported that an orphaned Canadian who's been trying to emigrate to the U.S. to live with his grandmother has some hope. The 19-year-old, his grandmother and their attorney have been working for 3 years and say they have gone by the book but nothing worked until Senator Dianne Feinstein introduced a special bill this year. The bill is now on President Clinton's desk waiting for him to sign. If he signs it, Guy Taylor will be able to get a green card. Taylor says he plans to join the U.S. Army and will apply for citizenship in 3 years.

NEW CITIZENS

NOVEMBER 15, 2000 12:00PM (TRT:20)

KCAL9 Reporter Doug Fernandez reports that America has thousands of new citizens today. Some of them were sworn in Pomona. Doug spoke to many of them about their new role as Americans.

SHOCK JOCK:BOO

NOVEMBER 17, 2000 8:00PM (TRT: 2:30)

KCAL9 Anchor Jane Velez-Mitchell reports on the El Cucuy...a Spanish language DJ who is taking L.A. by storm with more than a hundred thousand fans that tune in to hear what he has to say every morning.

ELDERLY GRADUATION

NOVEMBER 18, 2000 9:00PM (TRT:34)

KCAL9 Anchor David Gonzales reports that it was graduation day in San Diego but one college graduate had some people doing double takes. Betty Antonick headed to class with a scooter, a seeing-eye dog and 80 years of experience.

ADOPTION EVENT

NOVEMBER 18, 2000 9:00PM (TRT:1:15)

KCAL9 Anchor Dave Clark reported on an adoption event where families filled the hallways and the courtrooms. Latino, Asian, African- American children and children from all ethnic groups were gathered with their new families making the adoption legal and final. Mayor Richard Riordan and his wife Nancy were on hand along with 30 judicial officers who donated their time for this special day.

ELIAN ANNIVERSARY

NOVEMBER 26, 2000 9:00PM (TRT:25)

KCAL9 Anchor Dave Clark reported that this was the one-year anniversary of the rescue at sea of little Elian Gonzalez. Hundreds of Cuban exiles gathered in Miami for a vigil in his honor. The 6-year-old left Cuba with his mother and her boyfriend bound for the United States when their raft broke apart. Rescuers found Elaine in an inner tube just off the Florida coast. Shortly after, a legal battle sparked between Elaine's father in Cuba and his family in Miami. Months later...the courts returned him to his father.

JACKSON RALLY

NOVEMBER 28, 2000 9:00PM (TRT:33☺)

KCAL9 Anchor Sylvia Lopez reported that Reverend Jesse Jackson held a prayer rally in Tallahassee speaking on behalf of some voters who said their vote didn't count. Jackson is asking the u.s. attorney general Janet Reno to step into the fray in Florida. He wants her to investigate claims of improper and illegal activities at polling places. He claims, in part, that ballots cast by Black voters were thrown out in disproportionate numbers.

PERFORMING ARTS

DECEMBER 11, 2000 2:00PM (TRT:30)

KCAL9 Anchor Dilva Henry reports that L.A. city officials are breaking ground to keep the Ebony Showcase Theatre alive. It was the stage where many African American greats such as Eartha Kitt and Sammy Davis Jr. got their starts. The location will be that of the new Washington Boulevard Performing Arts Center. The 8-million dollar facility will house a practice theatre and stare of the art dressing rooms. City officials say the facility will stand as a great monument to the entertainers who once honed their skills and talents in the old theatre.

UC ADMISSIONS

DECEMBER 15, 2000 2:00PM (TRT:25)

KCAL9 Anchor Doug Fernandez reports that radical changes could soon be in the works for the University of California system. University officials want to encourage minority enrollment. Among some of the changes being considered are eliminating the SAT requirement and giving weight to people who participate in the University's outreach program. Minority enrollment plummeted in the system after the Board of Regents passed a resolution banning affirmative action.

PARK CENTRAL

DECEMBER 16, 2000 9:00PM (TRT:44)

KCAL9 Anchor Leyna Nguyen reported that South L.A. families now have a special park to call their own. Governor Gray Davis was on hand to dedicate the Augustus F. Hawkins National Park. Hawkins was the first African American elected to congress from west of the Mississippi. The 8 ½ acre facility features rolling hills, re-created ecosystems, a windmill and a stream. The park is the first completed project from Davis' urban park initiative.

BLACK FIRE WOMAN

DECEMBER 18, 2000 10:00PM (TRT:31)

KCAL9 Anchor Jerry Dunphy reported that a historic promotion took place in the L.A. County Fire Department. Veronie Steel-Small became the department's first ever African American female captain. The 12-year firefighter admits being a woman in a male dominated field has been a challenge. Small is only one of three female firefighters in the L.A. county department to be promoted to captain.

POWELL/ALBRIGHT

DECEMBER 19, 2000 2:00PM (TRT:45)

KCAL9 Anchor Jane Velez-Mitchell reported that the first woman Secretary of State would soon be followed by the first African American secretary of state. Madeline Albright gave a warm welcome to incoming secretary, retired general Colin Powell. Powell is assembling a team to work with him while bush prepares to take office. Powell told reporters he would be spending a lot of time in the transition office.

VICTIM IDENTITY

DECEMBER 27, 2000 8:00PM (TRT:21)

KCAL9 Anchor Mia Lee reported that police are asking for the public's help in identifying a woman who was discovered beaten to death. Investigators have released a composite sketch of the woman. She is described as African American, approximately 50 years of age, with a light complexion and blond-gray hair. She stands about 5 feet, six inches tall and weighs about 225 pounds. Police discovered her body on December 21st in an alley to the rear of 113th street in L.A.

RAMADAN IN LA

DECEMBER 27, 2000 10:00PM (TRT:30)

KCAL9 Anchor Mia Lee reported that Muslims are gathering in L.A. and around the world to join in prayer to celebrate the end of Ramadan. Hundreds of Muslims celebrated the start of the religious festival Eid al Fitr. During the month long fast of Ramadan, Muslims abstain from food, drink and other pleasures from dawn to sunset. They believe it strengthens the community and demonstrates their devotion to God.

BLACK PICASSOS

DECEMBER 28, 2000 12:00PM (TRT:35)

KCAL9 Anchor Dave Gonzales reported that a little family research is turning up amazing relations for a group of African Americans from Cuba. The black Picasso's as they like to call themselves discovered that Pablo Picasso's grandfather left his family in Spain and had four children with a free black woman from Cuba. Delia, the famous artist's first cousin believes the relationship was kept quiet because of racial taboo's the 87 year old says she never made the connection but the group says they are closer than ever and are proud to keep the Picasso name alive.

KWANZAA FARMERS

DECEMBER 30, 2000 9:00PM (TRT:20)

KCAL9 Anchor Dave Clark reported that it was the 5th day of Kwanzaa and several African American farmers traveled hundreds of miles to the Southland to share the fruits of their labor. The farmers came all the way from Fresno to the Harambee Farmer's market in South L.A. Kwanzaa means "first fruits of the harvest" in Swahili. Also on hand for the festivities were flower vendors, jewelry and candle makers along with various poets, singers and artists.

YOUTH ISSUES

SCHOOL BUS COMM

OCTOBER 6, 2000 8:00PM (TRT 1:15)

KCAL 9 anchor Pat Harvey reports a Texas driver has a drink, then gets behind the wheel of a school bus. Two students who were on that bus are now being called hero's. They were able to take the keys and potentially save the lives of there fellow students.

DEPUTY SHOT

OCTOBER 9, 2000 10:00PM (TRT 0:42)

KCAL 9 anchor Kerry Killbride reports on a juvenile in Monrovia who is under arrest tonight for allegedly shooting a Sheriff's Deputy. Investigators say he had details that only the gunman would know. They believe he shot 34 year old Sheriff's Deputy Richard Adams Jr. last night. Adams and a group of Deputies were responding to reports of shots fired. Adams was hit in the shoulder, just above his bullet-proof vest. He was rushed to a local hospital, where he remains in serious but stable condition.

DINNER HOUR

OCTOBER 24, 2000 12:00PM (TRT 0:30)

KCAL 9 anchor Dilva Henry reports the Harvard study found children who eat dinner with their parents have a better diet then children who eat alone or away from home. And the benefits of a shared meal seem to extend beyond nutrition. Experts say the family interaction that takes place is critical to a childs emotional, social and psychological development. The report studied more than 12 thousand students. It found that teens who regularly ate dinner with their parents were more likely to avoid smoking, drug use, sex and suicide than teens who ate alone.

TRASH CAN BABY

OCTOBER 26, 2000 3:30PM (TRT 0:50)

KCAL 9 anchor Mia Lee reports the body of a new born baby is found in a trash can. Michigan Police believe the mother is a 16-year-old High School student and the father would have also been the baby's grandfather. The 16-year-olds stepfather confessed to having sexual relations with the girl for several years. He's now behind bars, charged with sexual misconduct. The case came to light on Tuesday when a janitor at Muskegon High School found the baby in a trash can. Community members say it's a tragic situation that could have been prevented with counseling. An autopsy was performed on the baby, but

investigators still don't know how it died. However, they do know that the baby was born alive.

MAKE A WISH

OCTOBER 30, 2000 8:00PM (TRT 0:35)

KCAL 9 anchor Sylvia Lopez reports a little girl wears a big smile after one organization granted her a special wish. 9 year old Emily Wheaton is finally living her dream to be the voice of a cartoon character, all thanks to the " Make A Wish Foundation ". Emily has acute Lymphatic Leukemia. When " Make A Wish " heard her story, they flew her from Hawaii to California. They teamed her with Producers from DIC Studios in Burbank, who showed her the animation process and let her voice a character on the cartoon show " Madeline ".

CHILDRENS FILM FESTIVAL

NOVEMBER 4, 2000 9:00PM (TRT 0:25)

KCAL 9 anchor Dave Clark reports, "Backyard National Children's Film Festival" in Hollywood, it's the only organization celebrating movies made by young people 18 and under. The 4th annual event drew hundreds to Paramount Studios this morning. Hollywood Directors, Producers and Actors were there. The kids got plenty of hands on advice and coaching in the art of the craft. Along with behind the scenes tips and tricks.

PROP 10 CHILDCARE

NOVEMBER 13, 2000 12:00PM (TRT 0:40)

KCAL 9 anchor Dave Gonzales reports L.A. residents will see millions of dollars for the county's childcare programs, thanks to the passage of prop. 10 two years ago. Members of the L.A. county "Children and Families First" prop 10 commission said today, they'll dole out 34 million dollars. The money will improve county childcare programs and provide outreach to new parents. Prop 10, which passed in 1998 places a 50cent tax on cigarettes, to fund child care and anti-tobacco programs. L.A. now ranks 54th among 58 California counties in availability of licensed childcare.

AUTO SAFETY

NOVEMBER 19, 2000 9:00PM (TRT 0:20)

KCAL 9 anchor Dave Clark reports on a safe Holiday. A word of warning tonight if your hitting the road for the Thanksgiving Holiday, drivers beware. Police in California and across the country say's crack down on drunk drivers. Cops also say they'll give tickets to drivers who don't buckle up children. Police in many states say roadblocks will be set as part of the effort.

CHILD FIRE

NOVEMBER 25, 2000 9:00PM (TRT 0:25)

KCAL 9 anchor Dave Clark reports, a mother is recovering tonight from burns suffered in a fire set by her own son. The fire broke out overnight in a Van Nuys apartment. Investigators say a 5-year old boy playing with matches accidentally started the blaze. His mother tried to put out the fire herself. She suffered first and second degree burns over 15 percent of her body. She is expected to recover.

SCOOTER DEATH

NOVEMBER 25, 2000 9:00PM (TRT 1:57)

KCAL 9 anchor Dave Clark reports on scooters. He dreamed of going to college and becoming a doctor. But that dream will never come true. Today the little boy who died after a scuffle over his scooter was laid to rest. Sandy Grace was at the funeral, and tells us how his family is coping and how a community is coming together.

DRUG SURVEY

NOVEMBER 27, 2000 12:00 (TRT 0:31)

KCAL 9 anchor Jane Velez-Mitchell reports some good news and bad news for parents, a new survey shows Pot use among teens is down for the third straight year. But the use of ecstasy is on the rise. The group, partnership for a drug free America surveyed 7th through 12th graders nationwide. 40 percent of the teens asked say they've tried Marijuana. Compared to 41 percent last year. But as Pot uses declines, use of "The Club Drug" ecstasy has doubled among teens since 1995. One in-ten of the teenagers surveyed say they've experimented with the drug.

Stop the Hate

NOVEMBER 28, 2000 2:00pm (TRT 1:14)

KCAL 9 anchor Dave Gonzales reports on a group of L.A. students learning an important lesson about life today. A national organization is visiting a local school hoping to teach the students about tolerance.

CHAD/KOSOVO KIDS

NOVEMBER 29, 2000 9:00PM (TRT 0:43)

KCAL 9 anchor Jerry Dunphy reports that two Kosovo children got the ultimate Christmas present, life saving surgery. 2 year old En-Drit Shala and 6 year old Aziz-Ay El-Shani are recovering tonight. Both needed Heart Surgery. Shala had his operation last night, today it was El-Shani's turn. This critical medical

attention comes courtesy of an organization called gift of life. Members say, it allows them to help others across the globe. The children will fly home December 18th to be with their families for the holiday's.

CHURCH VANDALISM

NOVEMBER 29, 2000 12:00PM (TRT O:30)

KCAL 9 anchor Jane Velez-Mitchell reports that police have arrested three teenagers suspected of repeatedly vandalizing a Moreno Valley Church several times. The vandalism happened earlier this month, and last week police took a thirteen-year-old girl and two sixteen-year-old boys into custody. The vandals scrawled satanic messages, kicked in walls, and set off fire sprinklers causing 30 thousand dollars damage. The young suspects were not connected to the church and have since been released into the custody of their parents.

BOY SCOUTS

NOVEMBER 29, 2000 3:30PM (TRT O:15)

KCAL 9 anchor Kerry Kilbride reports that the L.A. City Council is moving to sever its ties with the " Boy Scouts of America ". The council it will not tolerate any group, which chooses to discriminate, based on religious beliefs or sexual orientation. The council voted to cut the group out of its " Police Explorers Program " and to block troops from using city property for free.

SKATEBOARD SHOOTING

NOVEMBER 29, 2000 9:00 PM (TRT O:25)

KCAL 9 anchor Jerry Dunphy reports a tragic ending to a neighborhood feud over skateboarding near San Diego. A teenager is dead and a homeowner is jailed. Investigators say the suspect told the skateboarder not to skate near his home. He then reportedly got a rifle and started shooting. Police say the teenager died after being shot in the chest. The suspect then reportedly turned the gun on officers after they arrived. Friends of the victim say this was not the first time the suspect has pulled a rifle on the skateboarders.

TEEN VANDALS

NOVEMBER 30, 2000 3:30PM (TRT O:30)

KCAL 9 anchor Jane Velez-Mitchell reported that Police say some Wisconsin teenagers videotaped themselves vandalizing personal property. They are accused of smashing windows in cars and houses, destroying mailboxes, starting fires and firing pellet guns at homes. District Attorney Paul Bucher said the charges could range from arson to criminal damage to property. He said he wants to meet with the teens and talk to their parents before filing charges. Total damage is said to be in the thousands of dollars.

PROP 21

NOVEMBER 30, 2000 12:00PM (TRT O:30)

KCAL 9 anchor Jane Velez-Mitchell reports that more prosecutors are charging teenagers as adults. Proposition "21" gives prosecutors, instead of judges the right to decide whether minors should be charged as adults. L.A. County is expected to have as much as a 25% jump this year in the number of teens charged in adult court. In San Diego County 75% of juvenile cases have been filed in adult court in the last few months. Right now those trials are on hold, because the law is under review by an appeals court.

FOOTBALL DEATH

DECEMBER 8, 2000 9:00PM (TRT O:26)

KCAL 9 anchor Sylvia Lopez reported a Roosevelt High School football player killed over the weekend was remembered today at a game played by his teammates. Steven Delgado was shot Sunday morning as he was leaving a birthday party. The fatal shot allegedly fired by security trying to break-up trouble nearby. Delgado was number "77" and a starting guard at Roosevelt. Today Roosevelt played Gardena in a city invitational final.

PACEMAKER KID

NOVEMBER 9, 2000 9:00PM (TRT O:35)

KCAL 9 anchor Dave Clark reports a Los Angeles teen has become a medical first. 14 year old Stacy Klein is the first child in the U.S. to receive a new implantable cardiac pacemaker. It's the first device that's equipped with a special feature to alleviate fainting spells due to sudden heart rate decreases. Doctors at UCLA's children's hospital implanted the device. The first adult to receive the pacemaker has his implanted earlier this week at the V.A. Greater Los Angeles Health care system.

CHIPS FOR KIDS

DECEMBER 9, 2000 9:00 (TRT O:25)

KCAL 9 anchor Dave Clark reports a speed zone and the California Highway Patrol. The CHP wasn't giving away tickets but rewarding drivers. It's all part of "Chips for Kids" toy campaign. Anyone bringing a new, unwrapped toy receives a 5-dollar discount on any of "Speed Zones" go-carts and miniature racecars.

WALK-THRU L.A.

DECEMBER 10, 2000 9:00PM (TRT O:20)

KCAL 9 anchor Dave Clark reported on Saint Paul High School students that were participating in the 28th annual March for Hunger. 26 miles total starting in

East L.A. and ending at the ocean in Santa Monica. They raise an average of 20 thousand dollars a year for the Catholic Workers Hospitality Kitchen.

SHELTER TOYS

DECEMBER 11, 2000 2:00PM (TRT 0:35)

KCAL 9 reporter Doug Hernandez reported that students from Valley Beth Shalom Day School wanted to do something for their community. So the student council organized a toy drive to help the less fortunate children of the Southland. The students are in grades 3-6th, and presented their toys to the children at the Valley Shelter.

FOOTBALL MDR

DECEMBER 13, 2000 9:00PM (TRT 0:30)

KCAL 9 anchor Kerry Kilbride reports that authorities confirm that Steven Delgado an offensive lineman at Roosevelt High School was killed while leaving a party in East L.A. by security guards who felt threatened by a group of men. Sergeant Dan Cruz of the Sheriff's Homicide Bureau said Delgado was being picked up by his mother when three guards opened fire. Cruz said the guards had just been in a heated argument with a group of about 10 men leaving the restaurant. The Sheriff's Dept. is investigating whether the shooting was in self-defense or a criminal act.

BLIND WRESTLER

DECEMBER 13, 2000 10:00PM (TRT 1:35)

KCAL 9 anchor Kerry Kilbride reported a Southland teen got a chance to show others that losing his eyesight hasn't kept him from proving his worth. Tonight, he showed off his athletic prowess in his first ever school-wrestling match.

PERFECT S.A.T. SCORE

DECEMBER 14, 2000 12:00PM (TRT 0:36)

KCAL 9 anchor Dilva Henry reports on Justin Stout, High School Student with a perfect SAT score. Described by teachers as a gifted student, Justin is at the top of his class. The teen said he didn't do much to prepare for the test. The only tough question Justin has to face now is where he's going to college. He's already applied to Harvard, Princeton and Duke.

TEENS/DRUG USE

DECEMBER 15, 2000 12:00PM (TRT 0:30)

KCAL 9 anchor Dilva Henry reports that when it comes to getting high, American teenagers are leveling off for the fourth year in a row. According to an annual

survey called "Monitoring the Future" which follows teen drug, Alcohol, and Tobacco use. The study shows illegal drug use in general, holding steady, and it's actually dropped among 10th, 11th, and 12th graders. Cigarette smoking has also declined. Alcohol use remains widespread and there is some bad news, use of the drug "Ecstasy" has increased. And Heroin use has hit its highest point since 1975.

CLARK/BOYS CLUB

DECEMBER 15, 2000 12:00PM (TRT 0:20)

KCAL 9 anchor Dave Gonzales reports that members of the Challengers Boys and Girls Club got a special treat from a local Radio Station KKBT, known as "The Beat" did a live radio broadcast with members of the boys and girls club in the audience. Comedian Steve Harvey, Mayor Richard Riordan and Police Chief Bernard Parks were on hand along with are very own Dave Clark to make sure every child had a good day and went home with a toy.

DISNEYLAND SICK

DECEMBER 16, 2000 9:00PM (TRT 0:25)

KCAL 9 anchor Leyna Nguyen reports on a drug overdose that sends 5 people to the hospital while visiting Disneyland. Aging 15-23 apparently took the drug "GHB" before going to the park. So far, no arrests have been made and one person remains hospitalized tonight.

DOGS VISIT KIDS

DECEMBER 17, 2000 9:00PM (TRT 0:15)

KCAL 9 anchor Leyna Nguyen reports that as part of a therapy program a team of canines spent the day bringing Christmas cheer to sick children. Wearing big red bows, these dogs gave kids the gift of joy today. And Santa there as well, ofcourse.

5 YEAROLD HERO

DECEMBER 18, 2000 3:30 (TRT 0:40)

KCAL 9 anchor Mia Lee reports that Firefighters say a 5-yearold boy is a hero, after saving his family from a fast moving fire. Fortunately 5yearold Buz Garcia smelled smoke and got everyone out. Buz said he learned what to do in school and knew he had to wake everyone up immediately.

CREATINE WARNING

DECEMBER 19, 2000 12:00PM (TRT 0:27)

KCAL 9 anchor Dave Gonzales reports about the strength-training supplement creatine. Younger athletes who use creatine usually do not know or adhere to the recommended doses study from the Mayo Clinic, researchers surveyed 328 male and female athletes between 14-18 yearolds. 27 of them reported using creatine. Most were High School football players who didn't know how much Creatine they were taking or exceeded recommended doses. Creatine reportedly enhances performance and decreases fatigue.

AVALANCHE MIRACLE

DECEMBER 19, 2000 9:00PM (TRT 0:28)

KCAL 9 anchor Pat Harvey reports on an amazing story of survival in Utah this past weekend. A 15-yearold boy is alive and well after being buried under 5 feet of snow. Many are calling Nate Lloyd a walking miracle today. On Saturday he was buried alive by an avalanche. The harrowing ordeal lasted for about a half-hour, before rescue crews found him. Officials say most people simply don't survive such an avalanche.

TOXIC SCHOOL

DECEMBER 21, 2000 10:00PM (TRT 0:20)

KCAL 9 anchor Jane Velez-Mitchell reports on an investigation into a local school involving arsenic. Workers made the discovery on a playarea at Cudahy Elementary, off the 710 freeway southeast of downtown. Tonight officials say everything is safe, but some parents and teachers aren't buying it.

YOUNG SINGER

DECEMBER 23, 2000 9:00PM (TRT 0:15)

KCAL 9 anchor Leyna Nguyen reports " who says all young singers and musicians are negative, and only want to sing about violence, gang wars, and things like that. Well, a young singer from the East Coast is performing in L.A. tonight. And he's letting the positive lessons he was taught as a child help him to set a new standard for the way young entertainers should carry themselves.

JAPANESE HEIGHT

DECEMBER 26, 2000 12:00PM (TRT 0:30)

KCAL 9 anchor Leyna Nguyen reports that children are getting taller in Japan. A government study shows that on average , 11 yearold boys are 4ft. 9 in. tall. That's an increase of more than 6 1/2 in. Compared with the same age group last century. And 11 yearold girls are almost 4ft. 10in. tall. That's an increase of about 7/12 in. compared with the same age group last century. Doctors say the growth

spurt is due to a change of diet and an increase in pediatric diseases. They add that today's children are eating more proteins and food containing fat. Both absorb energy, which helps them grow faster.

TEEN DRIVING

DECEMBER 27, 2000 9:00PM (TRT 0:20)

KCAL 9 anchor Dave Clark reports on California as having the toughest teen driving law in the nation. The study conducted by triple A shows that the number of teen-involved accidents has dropped dramatically since the law went into effect 2 years ago. The law increased training requirements and limited a teen's driving time.

BIRMINGHAM RAPE

DECEMBER 28, 2000 12:00 (TRT 0:23)

KCAL 9 anchor Dave Gonzales reports on a 14 yearold boy who pleaded guilty in connection with the gang rape of a teenage girl. Investigators say the boy was one of fifteen High School Students at a party on Dec. 1. The group of youths raped a 16 yearold girl after she passed out. She was later treated for alcohol poisoning. Doctors found cuts and bite marks on her body. The 14-yearold suspect will spend one year in a juvenile camp and remain on probation until he's 21. Two other youths have been charged with rape and sodomy. An adult suspect has been charged with attempted rape.

SURVEILLANCE ROBBERY

DECEMBER 28, 2000 8:00PM (TRT 1:30)

KCAL 9 anchor Mia Lee reports on two teens under arrest tonight. Police say their crimes were caught on surveillance camera. There're accused of ripping off merchants in Orange County.

SURVEILLANCE ROBBER

DECEMBER 28, 2000 9:00PM (TRT 0:40)

KCAL 9 anchor Sylvia Lopez reports on two 17 yearolds that are under arrest tonight for going on a crime spree. Police say that within a two-week period they robbed three gas stations, and a Domino Pizza in Orange County. The two teens are charged with four counts of armed robbery and vehicle theft.

VACCINE KIDS

DECEMBER 28, 2000 9:00PM (TRT 0:20)

KCAL 9 anchor Dave Gonzales reports that a new study says kids who don't get vaccines can be a public threat. The center for disease control says when unvaccinated children get sick, they can infect those who were vaccinated.

HOMEWORK STRESS

DECEMBER 29, 2000 12:00PM (TRT 0:29)

KCAL 9 anchor Dave Gonzales reports that a New Jersey School District says too much homework is stressing out students and family. So they've put a limit on how much homework can be assigned. The new rules limit daily homework to 30 minute assignments in the early grades and two hour tops for High Schoolers.